ᐱᔾᔪᑎᖃᖅᑐᖅ ᓄᕙᒡᔪᐊᕐᓇᖅᑐᒥᒃ

ᐋᓂᐊᕐᓇᖅᑐᒥᒃ (ᓄᕙᒡᔪᐊᕐᓇᖅ-19)

ᖃᐅᔨᔾᔪᑕᐅᔪᓐᓇᖅᑐᑦ

ᐊᓂᖅᓵᖅᑐᕐᓂᕐᑯᑦ ᖃᓂᒪᓐᓇᖅ ᓯᐊᒻᒪᒃᐸᓪᓕᐊᓕᕋᔪᒃᐳᑦ
ᐃᓄᖕᒥᑦ ᐊᐃᑦᑐᕐᓗᒃᑕᐅᓯᒪᔪᒥᑦ ᐃᒪᓐᓇ:
ffᓄᕙᕈᔪᒃᑯᑦ ᖁᐃᖅᓱᕐᓂᒃᑯᑦ ᑕᒋᐅᒃᓴᕐᓂᒃᑯᓪᓘᓐᓃᑦ

ffᐃᓄᖕᒥᒃ ᐊᒃᑐᐊᑲᑕᒡᓗᓂ, ᓲᕐᓗ ᐊᒃᑐᕐᓗᒍ

ff

ᑕᒪᒃᑯᐊ ᖁᐱᕐᕈᑯᓗᐃᑦ ᓯᐊᒻᒪᒃᐸᓪᓕᐊᔪᓐᓇᕋᓱᒋᔭᐅᙱᑦᑐᑦ

ᐊᓂᖅᓵᖅᑐᒐᖅᑎᒍᑦ ᐊᑐᖅᑕᐅᕙᒃᑐᑎᒍᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐃᒪᒃᑯᑦ.

ᐊᑲᐅᓂᖅᐹᖑᕗᖅ ᐊᐃᑦᑐᕐᓗᐃᑦᑕᐃᓕᒪᓗᓂ ᖃᓂᒪᓐᓇᒥ ᐃᒪᓐᓇ:

ᐱᑎᑦᑎᑦᑕᐃᓕᒪᓂᖅ

ᖃᐅᔨᔾᔪᑕᐅᔪᓐᓇᖅᑐᓂᒃ ᓄᕙᒡᔪᐊᕐᓇᖅ-19−ᒧᑦ ᐱᓯᒪᒍᕕᑦ −

ᐆᓇᕐᓗᑎᑦ, ᖁᐃᖅᓱᖅᐸᒡᓗᑎᑦ, ᐊᓂᖅᓵᖅᑐᒡᒐᕐᓗᑎᓪᓗ:

ᖃᐅᔨᔾᔪᑕᐅᔪᓐᓇᖅᑐᓂᒃ ᐱᓯᒪᒍᕕᑦ

ffᐊᖏᕐᕋᖅᓯᒪᓗᑎᑦ ᓯᐊᒻᒪᒃᑎᑦᑎᑦᑕᐃᓕᒪᔪᒪᓗᑎᑦ

ffᐅᖄᓚᖅᑳᕐᓗᑎᑦ ᑕᑯᔭᖅᑐᓚᐅᙱᓐᓂᕐᓂ

f ᐊᒡᒐᑎᑦ ᐅᐊᓴᕋᔪᒡᓗᒋᑦ ᐅᐊᓴᐅᑎᒧᑦ ᐃᒪᕐᒧᓪᓗ 20-ᓄᑦ

ffᐃᔩᒃᑭᑦ, ᕿᖓᐃᑦ ᖃᓃᓪᓘᓐᓃᑦ ᐊᒃᑐᖅᑕᐃᓕᒪᕙᒡᓗᒋᑦ,

f ᐃᓄᐃᑦ ᐋᓐᓂᐊᖅᑐᑦ ᖃᓂᒋᕙᙱᓪᓗᒋᑦ

ffᖁᐃᖅᓱᓕᕌᖓᕕᑦ ᑕᒋᐅᖅᓴᓕᕌᖓᕕᓪᓘᓐᓃᑦ:

ffᓴᓗᒻᒪᖅᓴᕐᓗᒋᑦ ᖁᐱᕐᕈᐃᔭᕐᓗᒋᓪᓗ

ffᐊᖏᕐᕋᖅᓯᒪᐃᓐᓇᕐᓗᑎᑦ ᖃᓂᒪᒍᕕᑦ
ᐱᑖᖅᑕᐃᓕᒪᔪᒪᓂᕐᒧᑦ

ᑭᓲᕙ ᑖᓐᓇ

ᓄᕙᒡᔪᐊᕐᓇᖅ-19 ᐋᓐᓂᐊᖑᕗᖅ
ᐊᓂᖅᓵᖅᑐᕐᓂᒃᑯᑦ ᖃᓂᒪᓐᓇᒧᑦ

ᑕᐃᒪᐃᓕᖅᐸᒃᖢᑎᒃ.
ᐃᓄᐃᑦ ᐊᓂᖅᓵᖅᑐᕐᓂᒃᑯᑦ ᖃᓂᒪᓕᕋᔪᒃᐳᑦ ᐊᒻᒪ ᐊᒃᑐᐊᓂᖃᕋᔪᒃᖢᓂ ᖃᓂᒪᓗᐊᙱᑦᑐᓄᑦ, ᓲᕐᓗᑦᑕᐅᖅ ᓄᕙᒍᑕᐅᕙᒃᑐᒥᒃ.

ᖃᐅᔨᔾᔪᑕᐅᔪᓐᓇᖅᑐᑦ ᒥᑭᑦᑐᒻᒪᕆᑯᓘᔪᓐᓇᖅᐳᑦ

ᐱᒻᒪᕆᐅᓂᖅᓴᐅᓗᑎᒡᓘᓐᓃᑦ. ᐋᓐᓂᐊᕈᑕᐅᔪᓐᓇᖅᑐᑦ 14−ᓄᑦ ᐅᓪᓗᓄᑦ ᓴᖅᑭᓐᓇᓱᑐᐃᓐᓇᕆᐊᓖᑦ ᐊᓂᖅᓵᖅᑐᕐᓂᒃᑯᑦ ᖃᓂᒪᔪᒥᑦ ᐊᒃᑐᖅᓯᐊᓪᓚᓚᐅᕐᓗᓂ.

ᐆᓇᕐᓗᓂ ᖁᐃᖅᓱᕐᓗᓂ ᐊᓂᖅᓵᖅᑐᒡᒐᕐᓗᓂ

ᖃᓄᖅ ᑕᒪᓐᓇ

ᓯᐊᒻᒪᒃᐸᓪᓕᐊᕙᒃᐸ?

ᑕᓯᐅᖃᑦᑖᕐᓗᒍᓘᓐᓃᑦ

ᑭᓱᑐᐃᓐᓇᕐᒥᒃ ᐊᒃᑐᖅᓯᓗᓂ ᖁᐱᕐᕈᖃᖅᑐᒥᒃ

ᐊᐃᑦᑐᐃᓐᓇᖅᑐᒥᒃ, ᐃᔩᒃᑭᒃ, ᕿᖓᐃᑦ ᖃᓃᓪᓗ ᐊᒃᑐᑲᑕᓕᕌᖓᕕᒋᑦ ᐅᐊᓴᓚᐅᙱᑎᓪᓗᑎᑦ

ᑎᑦᑕᑯᓗᖕᓄᑦ

ᐱᓗᐊᖅᑐᒥ ᐊᒡᒑᒃᑭᑦ ᐅᐊᓴᖅᓯᒪᙱᑎᓪᓗᒋᑦ

- ᖃᓃᑦ ᕿᖓᐃᓪᓗ ᒪᑐᕙᒡᓗᒋᑦ ᑕᓕᕐᓄᑦ
ᑲᒃᑭᐅᑎᒃᓴᓄᓪᓘᓐᓃᑦ ᒥᑭᒡᓕᒋᐊᖅᑎᓯᒪᔪᒪᓪᓗᒍ
- ᓯᐊᒻᒪᒃᐸᓪᓕᐊᓂᖏᑦ ᖁᐱᕐᕈᐃᑦ

- ᐃᒋᓯᑲᐅᑎᒋᕙᒡᓗᒋᑦ ᑲᒃᑭᐅᑎᒃᓴᐃᑦ ᐊᑐᖅᓯᒪᔭᑎᑦ ᐊᒃᑕᑰᓯᕝᕕᖕᒧᑦ ᐃᒋᓯᑲᐅᑎᒋᕙᒡᓗᒋᑦ ᐊᒡᒐᑎᓪᓗ ᐅᐊᓴᓕᕐᓗᒋᑦ ᐃᒋᑦᑎᐊᓂᑐᐊᕈᕕᑦ

ᐊᒃᑐᖅᑕᐅᒐᔪᒃᑐᑦ ᐱᖁᑏᑦ ᖄᓪᓗ, ᓲᕐᓗ ᐱᙳᐊᑦ, ᑲᑉᐳᔾᔭᖅᑐᒨᖅᑐᑦ ᐱᓕᕆᔾᔪᑏᑦ ᐹᓪᓗ ᑎᒍᓕᖏᑦ.

ᐊᓯᖕᓄᑦ ᐃᓅᖃᑎᖃᖃᑦᑕᕈᕕᑦ ᐊᓯᖕᓂᒃ, ᐊᓯᐊᓂ ᐃᒡᓗᕈᓯᕐᒦᓪᓗᑎᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐅᖓᓯᒃᓴᖅᐸᒡᓗᑎᑦ 2 − ᒦᑕᓂᒃ ᐅᖓᓯᒋᑎᒋᓗᒋᑦ

ᐋᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᕆᓂᕐᒧᑦ ᐱᓕᕆᔨᓪᓚᕆᖕᒥᒃ ᐅᖄᓚᓗᑎᓪᓘᓐᓃᑦ ᓄᓇᔅᓯᓐᓂ ᑭᒃᑯᑐᐃᓐᓇᓄᑦ ᐊᓐᓂᐊᖃᕐᓇᙱᑦᑐᓕᕆᓂᕐᒧᒃ ᐱᔪᓐᓇᐅᑎᖃᖅᑐᖅ ᐅᖃᐅᑎᓗᒋᑦ ᖃᐅᔨᔾᔪᑕᐅᔪᓐᓇᖅᑐᓂᒃ ᐱᓯᒪᔭᕐᓂᒃ ᒪᓕᒡᓗᒋᓪᓗ ᖃᓄᐃᓕᐅᖁᔭᖏᑦ

ffᐊᑐᖅᑕᐅᔭᕆᐊᖃᖅᑐᑦ ᐋᓐᓂᐊᕕᖕᒥᙶᙱᑦᑐᑦ ᒪᑐᐊᑦ ᑮᓇᕐᒧᓪᓘᓐᓃᑦ ᒪᑐᐊᑦ (ᓲᕐᓗ ᕿᖓᓕᒫᖓ ᖃᓂᓕᒫᖓ ᒪᑐᐊᖅᓯᒪᑦᑎᐊᕐᓗᑎᒃ
ᑕᑯᒃᓴᐅᔪᖃᙱᑦᑎᐊᕐᓗᑎᒃ, ᓂᐊᖁᕐᒧᓪᓗ
ᐊᑦᑕᑕᖅᑎᓯᒪᓗᒍ ᕿᓚᒡᓗᒍ ᐅᕝᕙᓘᓐᓃᑦ ᓄᕗᓗᒍ) www.gov.nu.ca/health

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