

COVID-19 (Novel Coronavirus)

General information and resources

The Government of Nunavut is actively monitoring the COVID-19 situation nationally and globally. While the risk assessment for Nunavummiut remains low, the increase in the number of countries affected has prompted the Department of Health to remind all Nunavummiut to be aware of precautions and travel advisories in relation to COVID-19.

The Public Health Agency of Canada has developed a comprehensive [website](#) for all Canadians to stay up-to-date on the national and international situation of COVID-19.

Nunavummiut are advised that best way to defend against COVID-19 is to take precautions to prevent the spread of any kind of infection by washing their hands frequently, covering their mouths with their sleeves when they cough or sneeze, avoiding large gatherings when ill, and staying home to rest when they are feeling unwell.

Those who may be travelling are encouraged to travel safely and to be aware of all travel advisories before departing to allow for the necessary preparations. Travel and Tourism Canada maintains a list of [travel advisories](#) to assist Canadians in making informed decisions before embarking on trips overseas.

The Department of Health would also like to assure that it takes the health of all Nunavummiut seriously and is actively working to ensure systems are in place in the event there is a confirmed case of COVID-19 in Nunavut. In the event of a case of COVID-19 in the territory, the public will be informed.

COVID-19 Facts

Symptoms:

Those who are infected with COVID-19 may have little to no symptoms. You may not know you have symptoms of COVID-19 because they are similar to a cold or flu.

Symptoms may take up to 14 days to appear after exposure to COVID-19. This is the longest known infectious period for this disease.

Symptoms include:

- fever
- cough

- difficulty breathing
- pneumonia in both lungs requiring support for breathing.

If you become ill:

If you develop symptoms and have travelled to a region with known cases of COVID-19 occurring in the community or have been in contact with someone who has:

- stay at home and avoid contact with others
- follow up with your health care professional

If you develop fever, cough or difficulty breathing in the next 14 days, call your health care provider or local public health authority and advise them of possible contact with COVID-19.

If you are ill and must visit a health care professional, call ahead or tell them when you arrive that you have a respiratory illness and if you have traveled.