

Exam/ Patient Room with Precautions: Routine and Discharge



PURPOSE:

To provide a clean exam room or patient room for patients and staff

The gray shaded boxes with instructions are the additional cleaning steps to do when a patient is discharged

MATERIALS:

- Disposable gloves
- If needed:
 - Disposable gown
 - Disposable mask with eye protection
 - Heavy duty or utility gloves
- Prepared Cleaner/Disinfectant solution in clean bucket and mop bucket
- Container for dirty cloths (if using reusable cleaning cloths)
- Cleaning cloths
- Dusting wand
- Dry mop
- Brush and dustpan
- Mop and wringer
- Glass cleaner
- Wet floor sign



CLEANING STEPS

1



Do a Risk Assessment

- Determine risk of exposure to germs and the Personal Protective Equipment (PPE) required for the task.
- Wear the correct PPE to safely do the job.

2



- Set up the wet floor sign outside the room.

3



Personal Protective Equipment (PPE)

- Before you enter the room...
 - Do hand hygiene then put on appropriate PPE as listed on the Precautions sign on the door.
- Before you leave the room...
 - All PPE should be removed and placed in garbage inside the room just before you leave the room
 - Do hand hygiene before you leave the room.



4



Tasks after a patient is discharged from a room with Additional Precautions

- Check for items that may have been left behind by the patient and bag them before giving to the nurse (clothes, pictures)
- Throw away disposable products (clinical supplies, soaps, lotions)
- Remove all curtains (window and around bed) and put up clean curtains after room has been cleaned
- Strip the bed or exam table –put linen into the linen bag; carefully roll the sheets to prevent dust and germs from getting into the air and on your clothes
- Following your facility's protocol, make up the bed/exam table after room has been cleaned
- If you are unsure of cleaning an item such as medical device – ask a nurse.

5



Cleaning Room: All Precautions

For all rooms with precautions follow the steps in the Exam/Patient Room: Routine and Discharge procedure PLUS clean walls—start at door and work around the room.

Cleaning Room: C-Difficile Precautions

- Cleaning rooms with patients having C-Difficile infections MUST be done with a sporicidal—typically a chloride based disinfectant.
- Hydrogen peroxide solutions may NOT be effective.



6



Garbage and Garbage Cans

- Empty all garbage cans by tying the bags before removing them from the room.
- Garbage cans are to be cleaned daily.
- Unless otherwise told by nurse, handle and dispose of garbage taken out of the room as you would in your routine housekeeping work.
- Be careful! Sharps may be in the garbage so DO NOT push down on the tops of bags or shake them.
- When tying off the garbage bag, direct the air coming out of the bag away from your face. This will help prevent splashes/sprays/odours from getting on your face and clothes.

7



Bedding/Linens and Linen Hampers

- Dirty linens are placed in linen bag inside of exam room or patient room.
- Remove the linen bag by tying up the bag before removing it from the room.
- Tie up linen bag when full or smells bad or at least once each day.
- Linen bags are NOT double bagged unless items being put in them are dripping wet.
- Linen hampers needs to be wiped using Cleaner/Disinfectant daily.

8



Finishing Up

- Restock the room with supplies as necessary such as toilet paper, paper towels and hand sanitizer.
- Change the mop heads.
- Empty the used cleaning solution.
- Clean the solution bucket and mop bucket before cleaning the next area or room.
- Change gloves and put in garbage.
- Do hand hygiene.

